



St. Catherine's Catholic Primary School  
Pymore Road  
Bridport  
Dorset  
DT6 3TR

Head Teacher Mrs Paula Fearn  
01308) 423568  
[office@stcatherinesbridport.dorset.sch.uk](mailto:office@stcatherinesbridport.dorset.sch.uk)  
[www.stcatherinesbridport.dorset.sch.uk](http://www.stcatherinesbridport.dorset.sch.uk)

"Live, Love and Learn Together Growing with God, in Knowledge and Faith"

### Birch Class Forest School

Dear Families,

We will be recommencing Forest school on Thursday 18th September. Your child will be doing weekly Forest School with Mrs Treble. This will take place on Thursday afternoons 1pm - 3pm. If you are able to volunteer and help on any upcoming Thursdays you would be very welcome.

#### What will children need?

The children will need to be appropriately dressed to take part in Forest Schools, so we kindly ask parents to provide wellingtons, water proof trousers, a hat, a scarf, gloves and a warm waterproof coat to ensure that Forest Schools is an enjoyable experience. If you are unable to provide any of the above items please let Mrs Treble know. All children participating in Forest School must wear long sleeved tops and trousers at all times during the year. A full kit list can be found attached to this letter.

We are very much looking forward to enjoying many Forest School experiences next half term.

Best wishes

Mrs Treble

\_\_\_\_\_

Birch Class Forest School

I give permission for my child \_\_\_\_\_ to attend forest school.

☐ In the event of an emergency I give permission for the Forest school leader to carry out any necessary first aid.

Food allergies \_\_\_\_\_

In case of an emergency my contact number is \_\_\_\_\_

Signed \_\_\_\_\_ date \_\_\_\_\_

☐ I would be happy to help on \_\_\_\_\_

#### Forest School Kit List

(Please note this kit list is as a guideline there is no expectation of purchasing any items if they are not already owned.)



**Layers!**

- THE best way to keep warm.
- add one more than you (We can always remove a layer but once cold, it can be hard to warm up)

**Waterproof trousers**

- Essential!
- Standard 'thin' pair in summer for protection
- Ski trousers ideal in winter OR extra layer under trousers
- All-in-ones

**Trousers**

- Full length for protection
- Extra pair of leggings/tights/thermals under normal trousers in cold weather

**Warm socks**

- Wellies get very cold!
- Extra pair of wool/ fleece/ fluffy socks inside wellies (Normal socks in wellies are not warm enough for cooler weather)

**Waterproof coat**

- Preferably with a hood
- Thick and warm in winter (or use an extra fleece layer)

**Warm hat**

- Preferably covering ears.

**Mittens/Gloves**

- Thermal and waterproof (Knitted gloves get damp and do not keep little hands warm enough during the colder months. Don't worry about mittens limiting finger movement as the cold is much more limiting!)

**Tops**

- ALWAYS long sleeves (to minimise risk from stinging nettles and biting insects etc)
- At least 3 layers under coat in winter (eg. top, jumper, fleece and coat, or 'base layer', top, warm jumper and coat)

**Waterproof boots**

- Wellies are essential! (Alternatives include snow boots and walking boots)