



AUTUMN TERM 2021

LUNCH



WINTER WARMERS



MENU



# KEEPING WARM

## WINTER WARMERS

Award winning chef Hugh Fearnley-Whittingstall has kindly provided some recipes for our menu. **LOOK OUT for Hugh's Gardener's Pie, a Veg-centric take on the classic Cottage Pie. Also in January is Hugh's Boston Bean & Squash Stew, a real winter warmer!**



**NOVEMBER 11**  
To commemorate Armistice Day we are baking delicious Remembrance Poppy Shortbread Biscuits; Lest we Forget.

**NOV 13 CHILDREN IN NEED**  
We're celebrating with our Pudsey Bear Chocolate Cookie!



## DECEMBER 15

Traditional Christmas Turkey Dinner or our Festive Vegetable Loaf with all the trimmings. Yule be sorry if you forget to order in plenty of time.

**DID YOU KNOW...**  
that we source all our fresh ingredients from local suppliers?  
All our meat is British Red Tractor accredited and all our fish products are MSC certified, meaning they are sourced sustainably.



# THIS SEASON

## FOOD ALLERGIES

It is your responsibility to order a meal your child can safely eat. To make this as easy as possible for you we have detailed the five most common allergens on the menu. These symbols show meals that 'contain' specified allergens.

Ingredients for all our meals can be found by clicking on a meal choice on the online ordering system. For further allergen details please refer to the full allergen list at

[localfoodlinks.org.uk/allergies](http://localfoodlinks.org.uk/allergies)

Some side dishes or sauces are optional; gravy, custard, cheese, mayonnaise, spread and bread can be omitted to make your selection allergy compliant.

We will work with you to provide allergen free meals for children who have medically confirmed food allergies.

To discuss in more detail please contact

[barry.dovell@localfoodlinks.org.uk](mailto:barry.dovell@localfoodlinks.org.uk)

## FREE SCHOOL MEALS

If your child is in KS1 (Reception, Yr1 and Yr 2) they can enjoy a hot school meal for free everyday!

Some children in Yr 3 or above may be entitled to **FREE MEALS** if their parents receive financial support.

To find out if you are entitled, look on the Dorset Council website or call 01305 221090.

AUTUMN

# SCHOOL LUNCH MENU

1 NOVEMBER - 7 JANUARY

SCHOOL

NAME  ONE FORM PER CHILD

CLASS

Total  x £2.40  
£   
Cheques made payable to School

AUTUMN

# SCHOOL LUNCH MENU

1 NOVEMBER - 7 JANUARY

SCHOOL

NAME ONE FORM  
PER CHILD

CLASS

Total \_\_\_\_\_ x £2.40

£ \_\_\_\_\_

Cheques made payable to School

## HOW TO ORDER

The easiest way to order meals is online at  
[my.localfoodlinks.org.uk](http://my.localfoodlinks.org.uk)



Meals need to be ordered (or amended)  
**7 days in advance.**

Why not order for the whole half term?  
You can log back in and make changes  
if you need to.

The system is easy to use but if you have  
any problems you can talk to the team on  
**01308 420269**



Selected schools may accept paper orders  
via the school office, please check with your  
school for ordering deadlines.



[www.localfoodlinks.org.uk](http://www.localfoodlinks.org.uk)

# AUTUMN LUNCH MENU

## WINTER WARMERS

Did you order Week 1 last half term?

1

**MONDAY 1 NOV**

**GD** Cheese & Tomato French Bread Pizza with Corn on the Cob & Baked Beans

**GD** Cheese & Bean Burger with Corn on the Cob & Baked Beans

Jacket Potato with Vegetable Bolognaise

**G** Lemon Shortbread or Fresh Fruit

**TUESDAY 2 NOV**

Chicken Breast with Tomato Sauce, Colourful Rice & Peas

**GE** Quorn with Tomato Sauce, Colourful Rice & Peas

**D** Jacket Potato with Baked Beans & Grated Cheese

**G** Mini Flapjack & Pineapple

**WEDNESDAY 3 NOV**

Roast Turkey with Roast Potatoes, Mixed Vegetables & Gravy

**GE** Vegetable Bake with Roast Potatoes, Mixed Vegetables & Gravy

**GDS** Cream Cheese & Cucumber Sub Roll with Tomato Twist & Mixed Salad

**G** Oat & Raspberry Slice

**THURSDAY 4 NOV**

**GD** Beef Bolognaise with Wholemeal Pasta, Baby Carrots & Grated Cheese

**GD** Vegetable Bolognaise with Wholemeal Pasta, Baby Carrots & Grated Cheese

**GD** Ham Baguette with Tomato Twist & Crudites

**G** Mini Chocolate Cookie & Orange Wedge

**FRIDAY 5 NOV**

**GS** Pork Hot Dog with Chips, Peas & Tomato Ketchup

**GSE** Quorn Hot Dog with Chips, Peas & Tomato Ketchup

**D** Jacket Potato with Cheese & Mixed Salad

**GDE** Sticky Toffee Pudding with Custard or Fresh Fruit

**WEEK 1**

	M	T	W	T	F
MEAT	<input type="checkbox"/>				
VEG	<input type="checkbox"/>				
OTHER	<input type="checkbox"/>				
TOTAL	_____				

2

**MONDAY 8 NOV**

**GD** Fruity Chicken Curry with Rice, Vegetable Medley & Mini Naan

**GDE** Quorn Keema Curry with Rice, Vegetable Medley & Mini Naan

**GD** Cheese Baguette with Tomato Pinwheel & Crudites

**GE** Dorset Apple Cake or Fresh Fruit

**TUESDAY 9 NOV**

**GS** Pork & Apple Burger in a Roll with Crunchy Lettuce, Corn on the Cob & Baked Beans

**GS** Veggie Burger in a Roll with Crunchy Lettuce, Corn on the Cob & Baked Beans

**D** Jacket Potato with Cheese & Mixed Salad

**G** Mini Oat Cookie & Melon

**WEDNESDAY 10 NOV**

**GDE** Roast Beef with Yorkshire Pudding, Roast Potatoes, Mixed Vegetables & Gravy

**GDE** Cauliflower Cheese with Yorkshire Pudding, Roast Potatoes, Mixed Veg & Gravy

**GD** Tuna Mayo Sub Roll with Pesto Twist & Crudites

**GD** Chocolate Crispy Square or Fresh Fruit

**REMEMBRANCE DAY**

**THURSDAY 11 NOV**

**D** **Hugh's Gardener's Pie** with Baby Carrots & Peas

**D** Vegetarian Cottage Pie with Baby Carrots & Peas

**D** Jacket Potato with Baked Beans & Grated Cheese

**G** Remembrance Shortbread or Fresh Fruit

**FRIDAY 12 NOV**

**FG** Battered Fish with Chips, Sweetcorn & Tomato Ketchup

**GDE** Cheese & Onion Quiche with Chips, Sweetcorn & Tomato Ketchup

**GD** Ham Baguette with Chips, Crudites & Tomato Ketchup

**G** Pudsey Bear Chocolate Cookie & Orange Wedge

**WEEK 2**

	M	T	W	T	F
MEAT	<input type="checkbox"/>				
VEG	<input type="checkbox"/>				
OTHER	<input type="checkbox"/>				
TOTAL	_____				

3

**MONDAY 15 NOV**

**GS** BBQ Chicken Breast in a Roll with Corn on the Cob & Peas

**GDS** Homemade Tomato Soup with a Wholemeal Cheese Roll

**GD** Jacket Potato with Spaghetti Hoops & Grated Cheese

**GE** Carrot Cake or Fresh Fruit

**TUESDAY 16 NOV**

**GD** Beef Bolognaise with Wholemeal Pasta, Baby Carrots & Grated Cheese

**GD** Vegetable Bolognaise with Wholemeal Pasta, Baby Carrots & Grated Cheese

Jacket Potato with Ham & Mixed Salad

**G** Mini Shortbread & Melon

**MIDWEEK ROASTS**

**WEDNESDAY 17 NOV**

Roast Gammon with Roast Potatoes, Mixed Vegetables & Gravy

**G** Vegetarian Sausage Roll with Roast Potatoes, Mixed Vegetables & Gravy

**GDS** Cheese Sub Roll with Tomato Pinwheel & Crudites

Lemon Drizzle Cake or Fresh Fruit

**THURSDAY 18 NOV**

**GDS** Meatball Sub with Tomato Sauce, Grated Cheese & Sweetcorn

**GDSE** Veg Ball Sub with Tomato Sauce, Grated Cheese & Sweetcorn

**FE** Jacket Potato with Tuna Mayo & Mixed Salad

**D** Strawberry Yoghurt or Fresh Fruit

**FRIDAY 19 NOV**

**FG** Breaded Fillet of Fish with Chips, Peas & Tomato Ketchup

**G** Roasted Vegetable Twist with Chips, Peas & Tomato Ketchup

Cheese Baguette with Chips, Crudites & Tomato Ketchup

**GD** Mini Flapjack & Pineapple

**WEEK 3**

	M	T	W	T	F
MEAT	<input type="checkbox"/>				
VEG	<input type="checkbox"/>				
OTHER	<input type="checkbox"/>				
TOTAL	_____				

4

**MONDAY 22 NOV**

**GD** Cheese & Tomato French Bread Pizza with Corn on the Cob & Baked Beans

**GDS** Cheese & Bean Burger in a Roll with Corn on the Cob & Baked Beans

Jacket Potato with Vegetable Bolognaise

**GE** Mini Chocolate Brownie & Orange Wedge

**TUESDAY 23 NOV**

**GS** Local Butcher's Pork Sausage with Pasta, Tomato Sauce & Carrots

**GS** Best of British Quorn Sausage with Pasta, Tomato Sauce & Carrots

**D** Jacket Potato with Cheese & Crudites

**G** Oat Biscuit or Fresh Fruit

**MIDWEEK ROASTS**

**WEDNESDAY 24 NOV**

Roast Turkey with Roast Potatoes, Mixed Vegetables & Gravy

**GE** Vegetable Bake with Roast Potatoes, Mixed Vegetables & Gravy

**GDS** Cheese Sub Roll with Tomato Pinwheel & Mixed Salad

**GD** Fruity Chocolate Tiffin or Fresh Fruit

**THURSDAY 25 NOV**

**GD** Macaroni Cheese with Crusty Bread & Peas

**GD** Homemade Tomato Soup with a Wholemeal Cheese Roll

Jacket Potato with Ham & Crudites

**G** Flapjack or Fresh Fruit

**FRIDAY 26 NOV**

**FG** Fish Fingers with Potato Wedges, Baby Carrots & Tomato Ketchup

**G** Fishless Fingers with Potato Wedges, Baby Carrots & Tomato Ketchup

**GD** Cheese Baguette with Chips, Mixed Salad & Tomato Ketchup

Orange Jelly & Mandarins

**WEEK 4**

	M	T	W	T	F
MEAT	<input type="checkbox"/>				
VEG	<input type="checkbox"/>				
OTHER	<input type="checkbox"/>				
TOTAL	_____				

5

**MONDAY 29 NOV**

**GD** Fruity Chicken Curry with Rice, Vegetable Medley & Mini Naan

**GDE** Quorn Keema Curry with Rice, Vegetable Medley & Mini Naan

**GD** Cheese Baguette with Tomato Pinwheel & Crudites

**GE** Dorset Apple Cake or Fresh Fruit

**TUESDAY 30 NOV**

**GS** Pork & Apple Burger in a Roll with Crunchy Lettuce, Corn on the Cob & Baked Beans

**GS** Veggie Burger in a Roll with Crunchy Lettuce, Corn on the Cob & Baked Beans

**D** Jacket Potato with Cheese & Mixed Salad

**G** Mini Oat Cookie & Melon

**MIDWEEK ROASTS**

**WEDNESDAY 1 DEC**

**GDE** Roast Beef with Yorkshire Pudding, Roast Potatoes, Mixed Vegetables & Gravy

**GDE** Cauliflower Cheese with Yorkshire Pudding, Roast Potatoes, Mixed Veg & Gravy

**GDS** Tuna Mayo Sub Roll with Pesto Twist & Crudites

**GD** Chocolate Crispy Square or Fresh Fruit

**WINTER WARMERS**

**THURSDAY 2 DEC**

**D** **Hugh's Gardener's Pie** with Baby Carrots & Peas

**D** Vegetarian Cottage Pie with Baby Carrots & Peas

**D** Jacket Potato with Baked Beans & Grated Cheese

**G** Shortbread or Fresh Fruit

**FRIDAY 3 DEC**

**FG** Battered Fish with Chips, Sweetcorn & Tomato Ketchup

**GDE** Cheese & Onion Quiche with Chips, Sweetcorn & Tomato Ketchup

**GD** Ham Baguette with Chips, Crudites & Tomato Ketchup

**G** Chocolate Cookie & Orange Wedge

**WEEK 5**

	M	T	W	T	F
MEAT	<input type="checkbox"/>				
VEG	<input type="checkbox"/>				
OTHER	<input type="checkbox"/>				
TOTAL	_____				

6

**MONDAY 6 DEC**

**GS** BBQ Chicken Breast in a Roll with Corn on the Cob & Peas

**GDS** Homemade Tomato Soup with a Wholemeal Cheese Roll

**GD** Jacket Potato with Spaghetti Hoops & Grated Cheese

**GE** Carrot Cake or Fresh Fruit

**WINTER WARMERS**

**TUESDAY 7 DEC**

**GD** Beef Bolognaise with Wholemeal Pasta, Baby Carrots & Grated Cheese

**GD** Vegetable Bolognaise with Wholemeal Pasta, Baby Carrots & Grated Cheese

Jacket Potato with Ham & Mixed Salad

**G** Mini Shortbread & Melon

**MIDWEEK ROASTS**

**WEDNESDAY 8 DEC**

Roast Gammon with Roast Potatoes, Mixed Vegetables & Gravy

**G** Vegetarian Sausage Roll with Roast Potatoes, Mixed Vegetables & Gravy

**GDS** Cheese Sub Roll with Tomato Pinwheel & Crudites

**GE** Lemon Drizzle Cake or Fresh Fruit

**THURSDAY 9 DEC**

**GDS** Meatball Sub with Tomato Sauce, Grated Cheese & Sweetcorn

**GDSE** Veg Ball Sub with Tomato Sauce, Grated Cheese & Sweetcorn

**FE** Jacket Potato with Tuna Mayo & Mixed Salad

**D** Strawberry Yoghurt or Fresh Fruit

**CHRISTMAS JUMPER DAY**

**FRIDAY 10 DEC**

**FG** Breaded Fillet of Fish with Chips, Peas & Tomato Ketchup

**GD** Roasted Vegetable Twist with Chips, Peas & Tomato Ketchup

**GD** Cheese Baguette with Chips, Crudites & Tomato Ketchup

**G** Mini Flapjack & Pineapple

**WEEK 6**

	M	T	W	T	F
MEAT	<input type="checkbox"/>				
VEG	<input type="checkbox"/>				
OTHER	<input type="checkbox"/>				
TOTAL	_____				

7

**MONDAY 13 DEC**

**GD** Cheese & Tomato French Bread Pizza with Corn on the Cob & Baked Beans

**GDS** Cheese & Bean Burger in a Roll with Corn on the Cob & Baked Beans

Jacket Potato with Vegetable Bolognaise

**GE** Mini Chocolate Brownie & Orange Wedge

**TUESDAY 14 DEC**

**G** Local Butcher's Pork Sausage with Pasta, Tomato Sauce & Carrots

**G** Best of British Quorn Sausage with Pasta, Tomato Sauce & Carrots

**D** Jacket Potato with Cheese & Crudites

**G** Oat Biscuit or Fresh Fruit

**CHRISTMAS DINNER**

**WEDNESDAY 15 DEC**

**G** Roast Turkey & Mini Sausage or Festive Vegetable Loaf

**GE** served with Roast Potatoes, Vegetable Medley, Stuffing, Cranberry Sauce & Gravy

**GD** Chocolate & Cranberry Cookie or Satsuma

**THURSDAY 16 DEC**

**GD** Macaroni Cheese with Crusty Bread & Peas

**GDS** Homemade Tomato Soup with a Wholemeal Cheese Roll

Jacket Potato with Ham & Crudites

**G** Flapjack or Fresh Fruit

**FRIDAY 17 DEC**

**FG** Fish Fingers with Potato Wedges, Baby Carrots & Tomato Ketchup

**G** Fishless Fingers with Potato Wedges, Baby Carrots & Tomato Ketchup

**GD** Cheese Baguette with Chips, Mixed Salad & Tomato Ketchup

Orange Jelly & Mandarins

**WEEK 7**

	M	T	W	T	F
MEAT	<input type="checkbox"/>				
VEG	<input type="checkbox"/>				
OTHER	<input type="checkbox"/>				
TOTAL	_____				

8

**MONDAY 3 JAN**

**BANK HOLIDAY**

**MIDWEEK ROASTS**

**TUESDAY 4 JAN**

**G** Chicken Breast with Pasta, Tomato Sauce & Peas

**G** Roasted Vegetable & Tomato Sauce with Pasta & Peas

**D** Jacket Potato with Baked Beans & Grated Cheese

Flapjack or Fresh Fruit

**WEDNESDAY 5 JAN**

**GDE** Roast Sausage with Yorkshire Pudding, Roast Potatoes, Carrots, Sweetcorn & Gravy

**GDE** Best Of British Quorn Sausage with Yorkshire Pudding, Roast Potatoes, Carrots, Sweetcorn & Gravy

**GDS** Cheese Sub Roll with Tomato Pinwheel & Crudites

**G** Mini Shortbread & Pineapple

**WINTER WARMERS**

**THURSDAY 6 JAN**

**G** Beef Bolognaise with Wholemeal Pasta & Baby Carrots

**G** **Hugh's Boston Bean & Squash Hotpot** with Crusty Bread & Baby Carrots

**GD** Jacket Potato with Spaghetti Hoops & Grated Cheese

**GE** Raspberry Cake or Fresh Fruit

**FRIDAY 7 JAN**

**FG** Fish Fingers with Potato Wedges, Baby Carrots & Tomato Ketchup

**GD** Fishless Fingers with Potato Wedges, Baby Carrots & Tomato Ketchup

**GD** Cheese Baguette with Chips, Mixed Salad & Tomato Ketchup

**GE** Mini Chocolate Brownie & Orange Wedge

**WEEK 1**

	T	W	T	F
MEAT	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
VEG	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
OTHER	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
TOTAL	_____			

CONTAINS ALLERGENS

**G** Gluten    **D** Dairy    **E** Egg    **S** Soya    **F** Fish

See overleaf or online for more information on food allergies

We reserve the right to make menu changes when necessary