**St Catherine’s Catholic Primary School.**

**Rational for Learning Outdoors.**

*Outdoor Learning aims to prepare pupils for lives in the wider world. There is evidence that children learning outdoors have better attitudes to failure, improved mental resilience, more confidence, greater self-awareness and enhanced communication skills, which can in turn benefit their performance during examination. Outdoor learning develops problem-solving and teamwork in a less pressurized, outdoor environment, where trial and error is a way of working, the final beneficial aspect of being outdoors is the psychological and wellbeing. Lockdown has made us all appreciate the mental health benefits of exercise and nature. Outdoor learning works best when it is planned and integrated into the school curriculum at all times.*

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| --- | --- | --- | --- | --- | --- | --- | --- |
| Year group | EYFS | YR1 | YR 2 | YR3 | YR4 | YR5 | YR6 |
| Curriculum | Forest school  | Forest school | Forest school | Forest school | Forest school | Forest school | Forest school |
| Residential | Teddy Bear Picnic- linked with pre schools. | Activity day- leading into early evening activity- bed time story | Later evening activity evening- pajama party | 1 Night sleep over in school.Learning outdoor activities in the evening. | Activity Week2 night sleep out on school field.Supported by Forest School provider. | Outdoor centreLeeson House.2 night/ 3 days residential | Outdoor centreDartmoor.4 nights/5 days |
| Time scale |  Transition | TBC | TBC | 27th May 2022 | 7th/8th July 2022 | Feb 16th- Feb 18th 2022 | 23rd May-27th May 2022 |
| Cost |  | Donation | Donation | Donation | £50 | £150 | £310 |

**All classes benefit from Forest school provision. In addition to promote cohesion within year groups- due to mixed age class structure, there is a planned and progressive approach to residential experiences to promote learning outdoors and the social and emotional benefits.**