



## Year 1 Handwriting Top Tips

The main ways you can help your children are:

- 1) Encourage them to sit properly when writing. We call this the **3Ps = position, posture and paper**

Make sure your child is sitting with their bottom at the back of the chair and both feet firmly on the floor (you can put some books or a box for them to rest their feet on if their feet don't touch the floor).

Pencil grip is with thumb and first finger (Peter Pointer) holding the pencil and the pencil resting on the second finger (Toby Tall). The paper should be slightly angled to the left for right handers and the right for left handers with the other hand placed on top of the paper to keep it steady.



- 2) We are practising handwriting everyday with the children. Please find attached the letter formations that you can practice at home with your child.
- 3) Please note all lower case letters (continuous cursive) start **ON THE LINE**. We are preparing them for Year 2 when they will learn to join their letters. Capital letters do not start on the line and do not join on to any other letters.

We teach the letters in a specific order as they are split into families based on how they are formed.

Straight lines : i l t



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Curves: c a d g q o and e s

Tunnels: n m h b p u

Top Exit: r v w

Hooks and loops: j y f z k x

We use the website [teachhandwriting.co.uk](https://teachhandwriting.co.uk) in school and would recommend you looking at it too.

By the end of Year 1 children are now expected to be able to write all their lower case letters using continuous cursive script correctly and be able to form their capital letters correctly.