

Jump, Wiggle, Wiggle and Jiggle

Jump, wiggle, wiggle and jiggle,
Stretch up high and then down low,
Jump, wiggle, wiggle and jiggle.



Skating

Skating on the rink,
Blades cutting into the ice,
Gracefully dancing.

Picking up the speed,
Looping letters round and round,
Spinning on the spot.



Tennis

Smash, smash, smash the ball,
High above the net,
Straight past the other player,
The crowd roar and cheer.



Football Player

Team player
Fast runner
Ball chaser
Careful passer
Corner taker
Strong defender
Incredible shooter
Goal scorer
Football player

My Body

My body is a tool for movement
That allows me to express myself.

My toes and feet send me soaring high
Where my fingers grasp thin air.

My arms and legs send me cartwheeling
Over and round I go.

My hips and shoulders let me sway to the rhythm
As I dance the funky chicken.

My knees and palms let me crawl
When I am too tired to leap and bound.

My body is a tool for movement
That allows me to express myself.

Sport Player

Ballet dancer

Tennis prancer

Horse rider

Ice slider

Goal scorer

Sky soarer

Ice skimmer

Deep swimmer

Team leader

Track speeder

Club swinger

Victory bringer

Pedal pounder

Court bounder

Sharp braker

Risk taker

Game saver

Sport player