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Relationships and Sex Education (RSE) and Health Education

Dear Parents & Carers,

Your child/children will receive their RSE lessons throughout the Spring and Summer Terms. Here is an outline of the lessons that your child will receive in each class.

Oak Class (Year 1) (Modules are from Key Stage 1 and Handmade with Love from EYFS)

Module 1 Created and Loved by God	Module 2 Created to love others
Handmade with love (EYFS module)	God loves you
I am unique	Special people
Girls & Boys (My Body) (not taught names of genitalia)	Good/Bad secrets
Clean & Healthy (My Body)	Physical Contact
Feelings, likes & dislikes	
Feelings inside out	
Super Susie Gets Angry	
The cycle of life	

Sycamore Class (Modules are from Key Stage 1)

Module 1 Created and Loved by God	Module 2 Created to love others	Module 3 Created to live as a community
Girls & Boys (My Body) (genitalia names are taught)	God loves you	Three in One.
Feelings, likes & dislikes	Special people	Who is my neighbour?
Feelings inside out	Treat others well	The communities we live in
Super Susie Gets Angry	... and say sorry	
The cycle of life	Being safe	
	Good/Bad secrets	
	Physical Contact	

Ash Class (Year 3) (Modules are from Lower Key Stage 2)

Module 1 Created and Loved by God	Module 2 Created to love others
Get Up! (Designed for a purpose)	Jesus, my friend
The Sacraments	Safe in my body
We don't have to be the same	
Respecting our bodies	
What am I feeling	
What am I looking at	

Ash and Hazel Classes (Year 4) (Modules are from Lower Key Stage 2)

Module 1 Created and Loved by God	Module 2 Created to love others	Module 3 Created to live as a community
Get Up! (Designed for a purpose)	Jesus, my friend	Trinity House
The Sacraments	Friends, family and others	What is the Church?
We don't have to be the same	When things feel bad	How do I love Christ?
Respecting our bodies	Safe in my body	
What is puberty		
Changing bodies		
What am I looking at		
I am thankful		
Life Cycles		

Hazel and Maple Classes (Year 5) (Modules are from Upper Key Stage 2)

Module 1 Created and Loved by God	Module 2 Created to love others	Module 3 Created to live as a community
Calming the storm (Made to grow)	Is God Calling You?	Trinity House
Gifts & Talents	Types of abuse	
Girls' Bodies		
Boys' Bodies		
Spots & Sleep		
Body Image		
Peculiar feelings		
Emotional changes		
Seeing stuff online		
Menstruation		

Maple Class (Year 6) (Modules are from Upper Key Stage 2)

Module 1 Created and Loved by God	Module 2 Created to love others	Module 3 Created to live as a community
Calming the storm (Made to grow)	Is God Calling You?	Trinity House
Gifts & Talents	Under pressure	Catholic Social Teaching
Spots & Sleep	Do you want a piece of cake?	Reaching Out
Seeing stuff online	Sharing isn't always caring	
Making babies pt 1	Cyberbullying	
Making babies pt 2	Types of abuse	
Menstruation		

For further information, about our RSE policy and these lessons, please look at the website and parent portal.

[RSE Curriculum](#) [Parent Portal](#)

If your child joined our school in September 2021 and you have any questions about the content of the Life to the Full programme please let us know by emailing the office by Monday 17th January.

Yours sincerely,

Sarah Terrey & Liz Harris
Headteacher & RSE Lead

